

CLAIMS:

1. A method of trimming hair from a rearward facing area of one's body, comprising:  
facing a first mirror;  
attaching a second, magnifying mirror to a hair trimming device; and  
applying the hair trimming device to hair on the rearward facing area of the body such that the rearward facing area is visible in said first mirror as a reflection in said second, magnifying mirror.

2. The method of claim 1, wherein the step of attaching comprises arranging the mirror on the hair trimming device such that, when the hair trimming device is applied to hair on the rearward facing area of the body, the second mirror faces the first mirror.

3. The method of claim 2, wherein the second mirror is arranged to extend beyond the hair trimming device laterally with respect to said body.

4. The method of claim 1, wherein the body has a side adjacent to the rearward facing area, and the second mirror is arranged to extend laterally beyond said side of the body.

5. A method of trimming hair from a rearward facing area of one's body, comprising:  
facing a first mirror;  
attaching a second mirror to a hair trimming device; and

applying the hair trimming device to hair on the rearward facing area of the body such that the rearward facing area is visible in said first mirror as a reflection in said second mirror,

wherein the body has first and second rearward facing areas from which hair is to be trimmed, the first rearward facing area being adjacent a first side of the body, the second rearward facing area being adjacent a second side of the body, and the second side of the body being opposite to the first side of the body, and

wherein the second mirror is arranged to extend laterally beyond the first side of the body when the hair trimming device is applied to the first rearward facing area, and is moved relative to the hair trimming device to extend laterally beyond the second side of the body when the hair trimming device is applied to the second rearward facing area.

6. The method of claim 5, wherein the second mirror is arranged to extend laterally beyond a first side of the hair trimming device when the hair trimming device is applied to the first rearward facing area, and is moved relative to the hair trimming device to extend laterally beyond an opposite side of the hair trimming device when the hair trimming device is applied to the second rearward facing area.

7. The method of claim 5, further comprising magnifying by means of the second mirror the image of the rearward facing areas from which hair is to be trimmed.

8. Apparatus for trimming hair from a rearward facing area of one's body, comprising:

a hair trimming device;

a mirror; and

a structure connecting the hair trimming device and the mirror, the structure having a first position, in which the mirror extends beyond a first side of the hair trimming device, and a second position, in which the mirror extends beyond a second side of the hair trimming device, the second side being opposite to the first side.

9. The apparatus of claim 8, wherein the structure has an arrangement that releasably retains the mirror in the first and second positions.

10. The apparatus of claim 8, wherein the hair trimming device has a hair trimming element facing in a first direction, and the mirror faces generally in said first direction.

11. The apparatus of claim 8, wherein the mirror is a magnifying mirror.

12. Apparatus for trimming hair from a rearward facing area of one's body, comprising:

a hair trimming device;

a magnifying mirror; and

a structure connecting the hair trimming device and the mirror.

13. The apparatus of claim 12, wherein the hair trimming device has a hair trimming element facing in a first direction, and the mirror faces generally in said first direction.

14. A mirror device comprising:

a mirror;

an attachment arrangement adapted to attach the mirror to an elongate element, the attachment arrangement having first and second opposite sides; and

a structure connecting the mirror to the attachment arrangement, the structure having a first position, in which the mirror extends beyond the first side of the attachment arrangement, and a second position, in which the mirror extends beyond the second side of the attachment arrangement, the structure having a structure releasably retaining the connector in its first and second positions.